

# Building Blocks

Quilt



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## Total Fabric Requirements for (1) Quilt

Fabric	4 1/2" block (unfinished)	6 1/2" block (unfinished)	8 1/2" block (unfinished)
<b>Fabric A</b>	CS-10-Cottonball*	1 1/4 yards	2 1/4 yards
<b>Fabric B</b>	CS-10-Peacock*	1/4 yard	3/8 yard
<b>Fabric C</b>	CS-10-Caribbean*	1/4 yard	5/8 yard
<b>Fabric D</b>	CS-10-Emerald*	1/4 yard	1/2 yard
<b>Fabric E</b>	CS-10-Jam*	1/4 yard	1/3 yard
<b>Fabric F</b>	CS-10-Periwinkle*	1/4 yard	3/8 yard
<b>Fabric G</b>	CS-10-Turquoise*	1/4 yard	3/8 yard
<b>Fabric H</b>	CS-10-Passion*	1/4 yard	5/8 yard
<b>Fabric I</b>	CS-10-Saffron*	1/4 yard	1/4 yard
<b>Fabric J</b>	CS-10-Sunshine*	1/4 yard	1/3 yard
<b>Fabric K</b>	CS-10-Sapphire*	1/4 yard	5/8 yard
<b>Fabric L</b>	CS-10-Bluebell*	1/4 yard	5/8 yard
<b>Fabric M</b>	CS-10-Papaya*	1/4 yard	3/8 yard
<b>Binding</b>	CS-10-Ink*	1/2 yard	3/4 yard
<b>Backing</b>	CS-10-Cottonball*	2 3/4 yards	7 1/2 yards

\* Century Solids Collection

## Total Block Requirements for (1) Quilt

Block	4 1/2" block (unfinished)	6 1/2" block (unfinished)	8 1/2" block (unfinished)
<b>Four-Patch</b>	(12) blocks	(12) blocks	(12) blocks
<b>Rail Fence</b>	(12) blocks	(12) blocks	(12) blocks
<b>Half-Square Triangle (HST)</b>	(16) blocks	(16) blocks	(16) blocks
<b>Quarter-Square Triangle (QST)</b>	(4) A blocks, (4) B blocks	(4) A blocks, (4) B blocks	(4) A blocks, (4) B blocks
<b>Hourglass</b>	(8) blocks	(8) blocks	(8) blocks
<b>Birds in the Air</b>	(16) blocks	(16) blocks	(16) blocks
<b>Square in a Square</b>	(4) blocks	(4) blocks	(4) blocks
<b>Flying Geese</b>	(16) blocks	(16) blocks	(16) blocks
<b>Pinwheel</b>	(8) blocks	(8) blocks	(8) blocks

## Cutting Directions

WOF designates the width of fabric from selvedge to selvedge (approximately 42" wide).

	4 1/2" block version Quilt Finished 40" x 40"	6 1/2" block version Quilt Finished 60" x 60"	8 1/2" block version Quilt Finished 80" x 80"
<b>Binding</b>	(5) 2 1/2" x WOF strips	(7) 2 1/2" x WOF strips	(9) 2 1/2" x WOF strips
<b>Backing</b>	(2) 48" x WOF. Sew the strips together and trim to make (1) 48" x 48" backing.	(2) 68" x WOF. Sew the strips together and trim to make (1) 68" x 68" backing.	(3) 88" x WOF. Sew the strips together and trim to make (1) 88" x 88" backing.

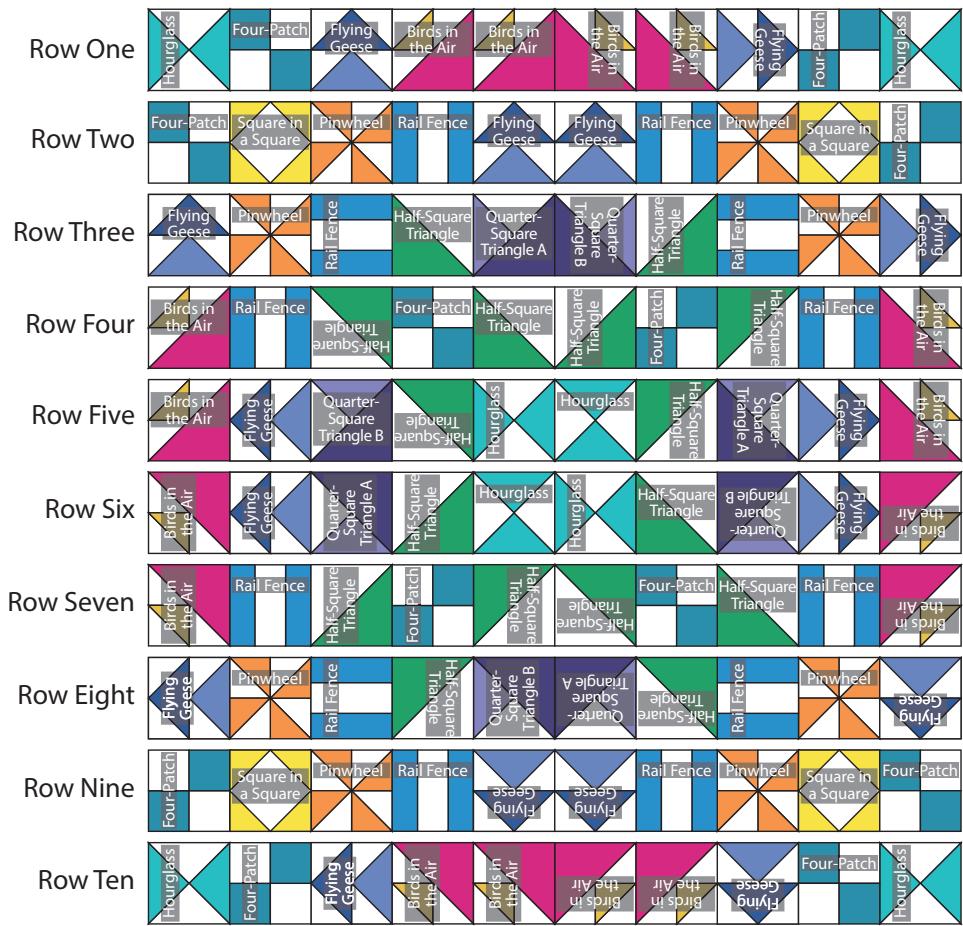
## Quilt Assembly

**Note: Read all assembly directions before starting. When assembling the quilt, use the blocks for the selected block size throughout that quilt. Refer to the Quilt Layout on Page 2 while assembling the quilt top. Pay Attention to the block orientations. Use 1/4" seam allowance throughout quilt.**

1. Sew together (2) Hourglass blocks, (2) Four-Patch blocks, (2) Flying Geese blocks and (4) Birds in the Air blocks, referring to the Quilt Layout for placement and orientation, to make Row One. Press the seams to the right.
2. Repeat Step 1, referring to the Quilt Layout for block identification, placement and orientation to make Row Two through Row Ten. Press the seams to the left for even rows and to the right for odd rows.
3. Sew together the (10) pieced Rows, lengthwise and in numerical order from top to bottom, to make the quilt top.

## Finishing the Quilt

4. Layer and quilt as desired.
5. Sew the binding strips for the chosen quilt size together, end to end with 45-degree seams, to make the binding. Fold this long strip in half lengthwise with wrong sides together and press.
6. Bind as desired.



Quilt Layout

# Four-Patch



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## Fabric Requirements for (1) Block

Fabric	4 1/2" block (unfinished)	6 1/2" block (unfinished)	8 1/2" block (unfinished)
<b>Fabric A</b>	CS-10-Cottonball*	Fat 1/8	Fat 1/8
<b>Fabric B</b>	CS-10-Peacock*	Fat 1/8	Fat 1/8

\* Century Solids Collection

## Cutting Directions for (1) Block

	4 1/2" block (unfinished)	6 1/2" block (unfinished)	8 1/2" block (unfinished)
<b>Fabric A</b>	(2) 2 1/2" squares	(2) 3 1/2" squares	(2) 4 1/2" squares
<b>Fabric B</b>	(2) 2 1/2" squares	(2) 3 1/2" squares	(2) 4 1/2" squares

## Making the Block

**Note: Read all assembly directions before starting. When assembling a block, use the pieces for the selected block size throughout that block. Use 1/4" seam allowance throughout block.**

1. Sew (1) Fabric B square to the left side of (1) Fabric A square to make the top row (Diagram 1).
2. Sew (1) Fabric A square to the left side of (1) Fabric B square to make the bottom row (Diagram 1).
3. Sew the top row to the bottom row lengthwise to make (1) Four-Patch block square (Diagram 1).



Diagram 1

# Rail Fence



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## Fabric Requirements for (1) Block

Fabric	4 1/2" block (unfinished)	6 1/2" block (unfinished)	8 1/2" block (unfinished)
<b>Fabric A</b>	CS-10-Cottonball*	Fat 1/8	Fat 1/8
<b>Fabric C</b>	CS-10-Caribbean*	Fat 1/8	Fat 1/8

\* Century Solids Collection

## Cutting Directions for (1) Block

	4 1/2" block (unfinished)	6 1/2" block (unfinished)	8 1/2" block (unfinished)
<b>Fabric A</b>	(1) 2" x 4 1/2" strip	(1) 2 3/4" x 6 1/2" strip	(1) 3 1/2" x 8 1/2" strip
<b>Fabric C</b>	(2) 1 3/4" x 4 1/2" strips	(2) 2 3/8" x 6 1/2" strips	(2) 3" x 8 1/2" strips

## Making the Block

*Note: Read all assembly directions before starting. When assembling a block, use the pieces for the selected block size throughout that block. Use 1/4" seam allowance throughout block.*

1. Sew (1) Fabric C strip to each side of (1) Fabric A strip to make (1) Rail Fence block square (Diagram 1).

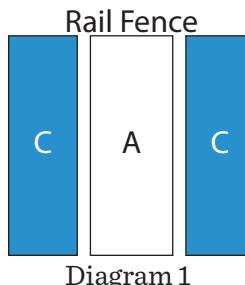


Diagram 1

# Half-Square Triangle (HST)



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## Fabric Requirements for (2) Blocks

Fabric	4 1/2" block (unfinished)	6 1/2" block (unfinished)	8 1/2" block (unfinished)
<b>Fabric A</b>	CS-10-Cottonball*	Fat $\frac{1}{8}$	Fat $\frac{1}{8}$
<b>Fabric D</b>	CS-10-Emerald*	Fat $\frac{1}{8}$	Fat $\frac{1}{8}$

\* Century Solids Collection

## Cutting Directions for (2) Blocks

	4 1/2" block (unfinished)	6 1/2" block (unfinished)	8 1/2" block (unfinished)
<b>Fabric A</b>	(1) 4 $\frac{7}{8}$ " square	(1) 6 $\frac{7}{8}$ " square	(1) 8 $\frac{7}{8}$ " square
<b>Fabric D</b>	(1) 4 $\frac{7}{8}$ " square	(1) 6 $\frac{7}{8}$ " square	(1) 8 $\frac{7}{8}$ " square

## Making the Block

**Note: Read all assembly directions before starting. When assembling a block, use the pieces for the selected block size throughout that block. Use  $\frac{1}{4}$ " seam allowance throughout block.**

1. Place (1) Fabric D square on top of (1) Fabric A square, right sides together. Draw a line across the diagonal of the top square. Sew  $\frac{1}{4}$ " away from each side of the drawn diagonal line (Diagram 1).
2. Cut the (2) squares apart on the drawn diagonal line to make (2) half-square triangles (HSTs) (Diagram 2).
3. Press open and trim the HSTs to measure (4  $\frac{1}{2}$ ", 6  $\frac{1}{2}$ " or 8  $\frac{1}{2}$ ") depending on the chosen block size to make (2) Half-Square Triangle block squares (Diagram 3).

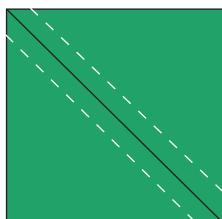


Diagram 1

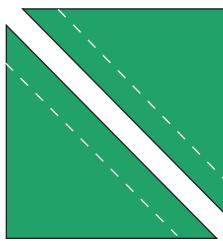


Diagram 2

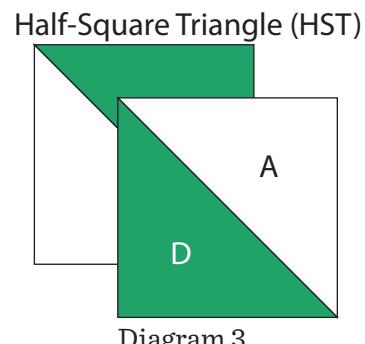


Diagram 3

# Quarter-Square Triangle (QST)



## Fabric Requirements for (1) Block

Fabric	4 1/2" block (unfinished)	6 1/2" block (unfinished)	8 1/2" block (unfinished)
<b>Fabric A</b>	CS-10-Cottonball*	Fat 1/8	Fat 1/8
<b>Fabric E</b>	CS-10-Jam*	Fat 1/8	Fat 1/4
<b>Fabric F</b>	CS-10-Periwinkle*	Fat 1/8	Fat 1/4

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## Cutting Directions for (1) Block

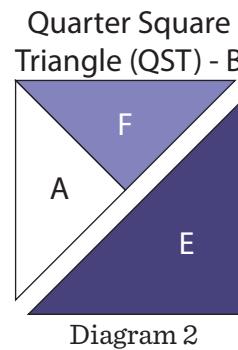
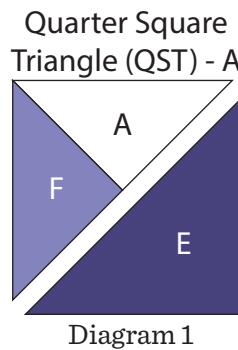
*Note: Squares cut across both diagonals make enough triangles for (4) blocks and squares cut across one diagonal make enough triangles for (2) blocks.*

	4 1/2" block (unfinished)	6 1/2" block (unfinished)	8 1/2" block (unfinished)
<b>Fabric A</b>	(1) 5 1/4" square. Cut the square across both diagonals.	(1) 7 1/4" square. Cut the square across both diagonals.	(1) 9 1/4" square. Cut the square across both diagonals.
<b>Fabric E</b>	(1) 4 7/8" square. Cut the square across one diagonal.	(1) 6 7/8" square. Cut the square across one diagonal.	(1) 8 7/8" square. Cut the square across one diagonal.
<b>Fabric F</b>	(1) 5 1/4" square. Cut the square across both diagonals.	(1) 7 1/4" square. Cut the square across both diagonals.	(1) 9 1/4" square. Cut the square across both diagonals.

## Making the Block

*Note: Read all assembly directions before starting. When assembling a block, use the pieces for the selected block size throughout that block. Use 1/4" seam allowance throughout block.*

1. Sew together (1) Fabric A triangle to (1) Fabric F triangle to make (1) AF triangle (Diagram 1).
2. Sew together (1) Fabric E triangle and the AF triangle along their long sides to make (1) Version A Quarter-Square Triangle block square (Diagram 1).
3. Trim the block to measure (4 1/2", 6 1/2" or 8 1/2") depending on the chosen block size.
4. Repeat Steps 1-3 and refer to Diagram 2 for fabric identification and placement to make (1) Version B Quarter-Square Triangle block square.



# Hourglass



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## Fabric Requirements for (1) Block

Fabric	4 1/2" block (unfinished)	6 1/2" block (unfinished)	8 1/2" block (unfinished)
<b>Fabric A</b>	CS-10-Cottonball*	Fat 1/8	Fat 1/8
<b>Fabric G</b>	CS-10-Turquoise*	Fat 1/8	Fat 1/8

\* Century Solids Collection

## Cutting Directions for (1) Block

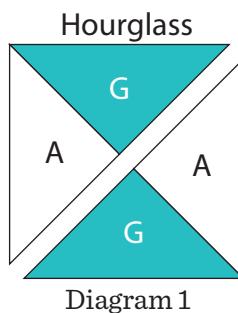
*Note: Squares cut across both diagonals make enough triangles for (2) blocks..*

	4 1/2" block (unfinished)	6 1/2" block (unfinished)	8 1/2" block (unfinished)
<b>Fabric A</b>	(1) 5 1/4" square. Cut the square across both diagonals.	(1) 7 1/4" square. Cut the square across both diagonals.	(1) 9 1/4" square. Cut the square across both diagonals.
<b>Fabric G</b>	(1) 5 1/4" square. Cut the square across both diagonals.	(1) 7 1/4" square. Cut the square across both diagonals.	(1) 9 1/4" square. Cut the square across both diagonals.

## Making the Block

**Note: Read all assembly directions before starting. When assembling a block, use the pieces for the selected block size throughout that block. Use 1/4" seam allowance throughout block.**

1. Sew (1) Fabric A triangle to (1) Fabric G triangle as shown to make (1) AG triangle (Diagram 1). Repeat to make a second AG triangle.
2. Sew together the (2) AG triangles along their long sides as shown to make (1) Hourglass block square.
3. Trim the block to measure (4 1/2", 6 1/2" or 8 1/2") depending on the chosen block size.



# Birds in the Air



## Fabric Requirements for (1) Block

Fabric	4 1/2" block (unfinished)	6 1/2" block (unfinished)	8 1/2" block (unfinished)
<b>Fabric A</b>	CS-10-Cottonball*	Fat 1/8	Fat 1/8
<b>Fabric H</b>	CS-10-Passion*	Fat 1/8	Fat 1/4
<b>Fabric I</b>	CS-10-Saffron*	Fat 1/8	Fat 1/8

\* Century Solids Collection

## Cutting Directions for (1) Block

	4 1/2" block (unfinished)	6 1/2" block (unfinished)	8 1/2" block (unfinished)
<b>Fabric A</b>	(2) 2 7/8" squares. Cut (1) square across one diagonal.	(2) 3 7/8" squares. Cut (1) square across one diagonal.	(2) 4 7/8" squares. Cut (1) square across one diagonal.
<b>Fabric H</b>	(1) 4 7/8" square. Cut the square across one diagonal.	(1) 6 7/8" square. Cut the square across one diagonal.	(1) 8 7/8" square. Cut the square across one diagonal.
<b>Fabric I</b>	(1) 2 7/8" square	(1) 3 7/8" square	(1) 4 7/8" square

## Making the Block

**Note:** Read all assembly directions before starting. When assembling a block, use the pieces for the selected block size throughout that block. Use 1/4" seam allowance throughout block.

1. Place (1) Fabric I square on top of (1) Fabric A square, right sides together. Draw a line across the diagonal of the top square. Sew 1/4" away from each side of the drawn diagonal line (Diagram 1).
2. Cut the (2) squares apart on the drawn diagonal line to make (2) half-square triangles (HSTs) (Diagram 2).
3. Press open and trim the HSTs to measure (2 1/2", 3 1/2" or 4 1/2") depending on the chosen block size to make (2) Unit 1 squares (Diagram 3). *Note: You will only use (1) Unit 1 square per Birds in the Air block.*
4. Sew (1) Fabric A triangle to the right side and (1) Fabric A triangle to the bottom of (1) Unit 1 square as shown to make (1) Unit 2 triangle (Diagram 4).
5. Sew together (1) Unit 2 triangle and (1) Fabric H triangle along their long sides to make (1) Birds in the Air block square (Diagram 5).
6. Trim the block to measure (4 1/2", 6 1/2" or 8 1/2") depending on the chosen block size.

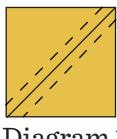


Diagram 1



Diagram 2

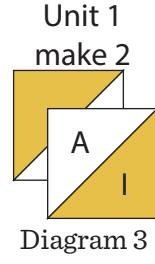


Diagram 3

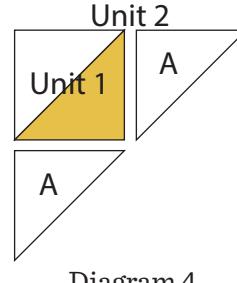


Diagram 4

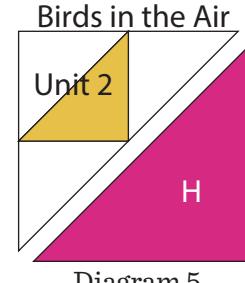


Diagram 5

# Square in a Square



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## Fabric Requirements for (1) Block

Fabric	4 1/2" block (unfinished)	6 1/2" block (unfinished)	8 1/2" block (unfinished)
<b>Fabric A</b>	CS-10-Cottonball*	Fat 1/8	Fat 1/8
<b>Fabric J</b>	CS-10-Sunshine*	Fat 1/8	Fat 1/8

\* Century Solids Collection

## Cutting Directions for (1) Block

	4 1/2" block (unfinished)	6 1/2" block (unfinished)	8 1/2" block (unfinished)
<b>Fabric A</b>	(1) 4 1/2" square	(1) 6 1/2" square	(1) 8 1/2" square
<b>Fabric J</b>	(4) 2 1/2" squares	(4) 3 1/2" squares	(4) 4 1/2" squares

## Making the Block

**Note: Read all assembly directions before starting. When assembling a block, use the pieces for the selected block size throughout that block. Use 1/4" seam allowance throughout block.**

1. Place (1) Fabric J square on the top left corner of (1) Fabric A square, right sides together. Sew across the diagonal of the smaller square from the upper right corner to the lower left corner (Diagram 1).
2. Flip open the triangle formed and press (Diagram 2). Trim away the excess fabric from behind the triangle  $\frac{1}{4}$ " away from the sewn seam.
3. Follow Diagram 3 for the seam direction to add a Fabric J square to each of the remaining corners of the Fabric A square to make (1) Square in a Square block (Diagram 4).

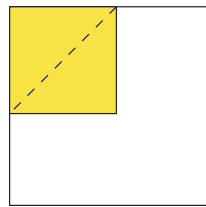


Diagram 1

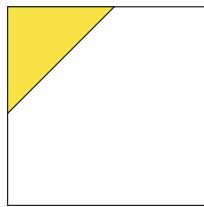


Diagram 2

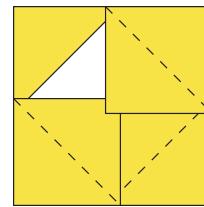


Diagram 3

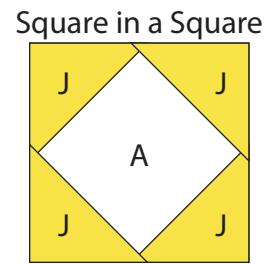


Diagram 4

# Pinwheel



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## Fabric Requirements for (1) Block

Fabric	4 1/2" block (unfinished)	6 1/2" block (unfinished)	8 1/2" block (unfinished)
<b>Fabric A</b>	CS-10-Cottonball*	Fat 1/8	Fat 1/8
<b>Fabric M</b>	CS-10-Papaya*	Fat 1/8	Fat 1/8

\* Century Solids Collection

## Cutting Directions for (1) Block

	4 1/2" block (unfinished)	6 1/2" block (unfinished)	8 1/2" block (unfinished)
<b>Fabric A</b>	(2) 2 7/8" squares	(2) 3 7/8" squares	(2) 4 7/8" squares
<b>Fabric M</b>	(2) 2 7/8" squares	(2) 3 7/8" squares	(2) 4 7/8" squares

## Making the Block

**Note: Read all assembly directions before starting. When assembling a block, use the pieces for the selected block size throughout that block. Use 1/4" seam allowance throughout block.**

1. Place (1) Fabric M square on top of (1) Fabric A square, right sides together. Draw a line across the diagonal of the top square. Sew 1/4" away from each side of the drawn diagonal line (Diagram 1).
2. Cut the (2) squares apart on the drawn diagonal line to make (2) half-square triangles (HSTs) (Diagram 2).
3. Press open and trim the HSTs to measure (2 1/2", 3 1/2" or 4 1/2") depending on the chosen block size to make (2) Unit 1 squares (Diagram 3).
4. Repeat Steps 1-3 to make (2) additional Unit 1 squares.
5. Sew together (2) Unit 1 squares to make the top row, paying attention to the unit orientations. Repeat to make the bottom row (Diagram 4).
6. Sew the top row to the bottom row to make (1) Pinwheel block square (Diagram 4).

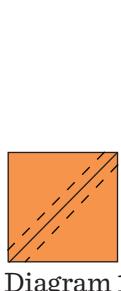


Diagram 1



Diagram 2

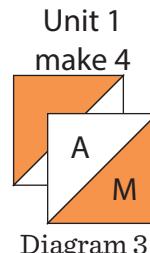


Diagram 3

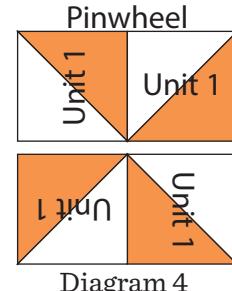


Diagram 4

# Flying Geese



## Fabric Requirements for (1) Block

Fabric	4 1/2" block (unfinished)	6 1/2" block (unfinished)	8 1/2" block (unfinished)
<b>Fabric A</b>	CS-10-Cottonball*	Fat 1/8	Fat 1/8
<b>Fabric K</b>	CS-10-Sapphire*	Fat 1/8	Fat 1/8
<b>Fabric L</b>	CS-10-Bluebell*	Fat 1/8	Fat 1/8

\* Century Solids Collection

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## Cutting Directions for (1) Block

	4 1/2" block (unfinished)	6 1/2" block (unfinished)	8 1/2" block (unfinished)
<b>Fabric A</b>	(4) 2 1/2" squares	(4) 3 1/2" squares	(4) 4 1/2" squares
<b>Fabric K</b>	(1) 2 1/2" x 4 1/2" strip	(1) 3 1/2" x 6 1/2" strip	(1) 4 1/2" x 8 1/2" strip
<b>Fabric L</b>	(1) 2 1/2" x 4 1/2" strip	(1) 3 1/2" x 6 1/2" strip	(1) 4 1/2" x 8 1/2" strip

## Making the Block

*Note: Read all assembly directions before starting. When assembling a block, use the pieces for the selected block size throughout that block. Use 1/4" seam allowance throughout block.*

1. Place (1) Fabric A square on the left side of (1) Fabric K strip, right sides together. Sew across the diagonal of the square from the upper right corner to the lower left corner (Diagram 1).
2. Flip open the triangle formed and press (Diagram 2). Trim away the excess fabric from behind the triangle, leaving a 1/4" seam allowance.
3. Place another Fabric A square on the right side of the Fabric K strip, right sides together. Sew across the diagonal of the square from the upper left corner to the lower right corner (Diagram 3).
4. Flip open the triangle formed and press. Trim away the excess fabric from behind the triangle, leaving a 1/4" seam allowance to make (1) Unit 1 strip (Diagram 4).
5. Repeat Steps 1-4 and refer to Diagram 5 for fabric identification and placement to make (1) Unit 2 strip.
6. Sew (1) Unit 1 strip to the top of (1) Unit 2 strip to make (1) Flying Geese block square (Diagram 6).



Diagram 1



Diagram 2

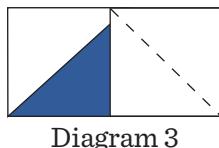


Diagram 3

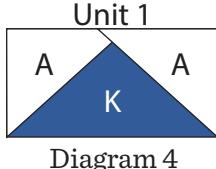


Diagram 4

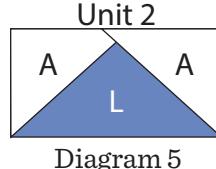


Diagram 5

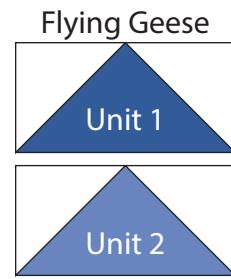


Diagram 6